



Volunteers at a kidney screening in Milwaukee. 2024

PROGRAM OVERVIEW

National Kidney Foundation of Wisconsin (NKFw) is proud to host Kidney Health Screenings, a community-based educational initiative to raise awareness about kidney health, including risk factors for kidney disease and the steps needed to keep kidneys healthy and reduce risk. Typically, the early stages of kidney disease have little to no symptoms, which means early detection is critical, especially for at-risk populations. **To**

aid early detection of kidney disease in Wisconsin, NKFw offers FREE kidney screenings in a variety of at-risk communities throughout the state.

For each participant, a screening takes about 15-20 minutes* from start to finish, and includes a review of participants' health history, basic vital signs, urine testing for participants with an elevated risk of kidney disease, and discussion with a medical provider. No advance preparation is needed to participate and there is absolutely no cost. Participants receive a copy of their results and are encouraged to discuss them further with their doctor.

THE GOALS OF THE PROGRAM ARE TO:

- Raise the general public's awareness about kidney disease and who is at risk
- Drive those who have kidney disease risk factors to get tested
- Encourage participants to connect with NKFw for more information

WHO IS AT RISK?

1 in 3 American adults – 73 million people – are at risk for developing kidney disease. Affecting up to 33% of Americans, kidney disease is an under-recognized public health crisis and remains a leading cause of death in the United States. National Kidney Foundation of Wisconsin is committed to improving these statistics.

The most common risk factors include:

- Type 1 or Type 2 Diabetes
- High Blood Pressure / Hypertension
- African American, Hispanic, Asian, American Indian, or Pacific Islander
- A body mass index (BMI) measurement of 30 or above
- A family history of kidney failure
- Age 60

THE SCREENING PROCESS IS COMPRISED OF THE FOLLOWING ACTIVITIES:

- Registration and Brief Health Survey
- Body Mass Index (BMI): Height and Weight Measurements
- Blood Pressure Check
- Urine test (for individuals at risk)
- Clinician Consultation (nephrologist or advanced practitioner in nephrology)
- Program Evaluation and Resources

SCREENING REQUIREMENTS & NEEDS

- Access and close proximity to bathrooms
- Access to power / electricity
- Access to trash receptacles / dumpster
- Space for approximately 6 tables

* Note: Waiting times may vary depending on provider availability, size of community, and other factors.